



# SAILING INSTRUCTIONS

## The Arnold Nye *Team Racing* Regatta

November 21 & 22, 2009

### 1. RULES

- 1.1. The regatta will be governed by the *rules* as defined by The Racing Rules of Sailing (RRS).
- 1.2. Changes to the following RRS sections apply for this regatta: 29.1 (Individual Recall), 35 (Time Limit), 42.3(g) and 42.3(h) (Propulsion-Exceptions), 44.2 (Two-Turns Penalty), 60.1 (Right to Protest), 61.1 (Informing the Protestee), 62.1(a) (Redress), A2 (Series Scores), Race Signal AP (Postponement).

### 2. SAFETY REGULATIONS

- 2.1. A boat that retires from a race shall notify the race committee as soon as possible.
- 2.2. All competitors must watch for and keep out of the way of commercial and other deep draft vessels, which have the right of way. Competitors are encouraged to monitor their VHF radio for warnings and communication with other vessels as it relates to these "right of way" vessels.

### 3. NOTICES TO COMPETITORS - Notices to competitors will be posted on the official notice board located in the clubhouse on the west wall behind the bookshelf.

### 4. SCHEDULE OF RACES

- 4.1. The race schedule will be as stated in the Notice of Race and will be posted on the official notice board.
- 4.2. It is the intention of the Race Committee to run a maximum of one race on any given day.

### 5. CHANGES TO SCHEDULE AND SAILING INSTRUCTIONS

- 5.1. The schedule of races for the Saturday will not be changed.
- 5.2. Any change in the Sailing Instructions for Saturday will be posted immediately following adjournment of the skippers' meeting.
- 5.3. Any change in Sunday's schedule will be posted before 6:00 PM Saturday.
- 5.4. Any change in the Sailing Instructions for Sunday will be posted before 9:00 AM.

### 6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed from the race committee boat at the dock.
- 6.2. When flag "AP" is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signal "AP". This changes the meaning of Race Signal "AP"

### 7. THE COURSE - The approximate anticipated location of the marks of "river courses" and the order in which they are to be rounded will be announced and posted at the skippers' meeting Saturday and posted prior to 0900 Sunday. Marks of "river courses" are to be left to port.

### 8. MARKS

- 8.1. Marks of the course, including the start and the finish will be orange (fender type) buoys.
- 8.2. The optional mark in Sailing Instruction 9.3 may be any shape or color.

### 9. COURSES

- 9.1. The approximate anticipated location of the marks and the order in which they are to be rounded will be posted on the notice board. Marks of the courses are to be left to port unless otherwise instructed.
- 9.2. At the option of the race committee, a mark may be set to windward of the starting line to create a windward first leg. If the optional "windward mark" is used, the race committee will indicate the required side on which the windward mark shall be left by posting either the letter "P" for port or "S" for starboard. The bearing to the mark will be indicated after the "@" symbol. (see Diagram for an example). The optional windward mark will be a mark of the course only on the first leg of the course

and shall be rounded only once. The course board will be displayed on the starboard side of the race committee boat before the warning signal of each class. Courses may be different for each class and each race.

### Course Board Diagram Example for Optional Windward Mark

"P @ 260"

#### 10. THE START

10.1. The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the port-end starting mark.

10.2. The race committee may, no later than the warning signal, trail a mark from the stern of the race committee boat stationed at the starboard end of the starting line. The trailing mark will be considered to be an extension of the race committee boat. No boat may pass between the trailing mark and the race committee boat.

11. **RECALLS** – When signalling an individual recall, the race committee may (at its discretion) attempt to hail the sail numbers of the recalled boats by VHF radio on channel 68. Failure of the race committee to hail or failure of a boat to hear the hail of its sail number shall not relieve the boat of its obligation to start correctly. This changes RRS 29.1 and 62.1(a).

12. **THE FINISH** – The finishing line will be between a staff displaying an orange flag on a race committee boat (displaying a blue "on station" flag) and the nearby mark.

#### 13. TIME LIMIT

13.1. The time limit for a race is 1600 (4:00 pm) on Saturday and 1400 (2:00 pm) on Sunday.

13.2. If a boat sails the course and finishes within the time limit, only those boats finishing within one and ½ hour of the first finisher will be counted as finishing. This changes RRS 35.

#### 14. PROTESTS

14.1. A boat intending to file a written protest shall attempt to notify the finish line race committee boat of its intent to protest and identify the protested boat at the first reasonable opportunity. This changes RRS 61.1(a).

14.2. Protests will be written and delivered to the Protest Committee Chairperson before the end of "Protest Filing Time," which will begin when the committee boat docks and end 30 minutes later. These times will be posted on the notice board.

14.3. Protests will then be heard as soon as possible, in approximately the order of receipt.

15. **GROUNDING** - A boat aground may use force applied by the crew of boat and any equipment other than a propulsion engine without penalty. However, if she is unable to free herself she may use a propulsion engine or any other method without receiving outside help and provided she does not gain a significance advantage. Once free, the boat shall halt its forward momentum using its engine. To exonerate herself for use of a propulsion engine she shall take a One-Turn Penalty in accordance with RRS 44.2. This changes RRS 42.3(g).